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# Ohio Valley Chapter of the Society of Cosmetic Chemists

# **February Meeting Information**

Wednesday February 20, 2013

Subject: Nutritional Supplements for Healthy and

Challenged Skin

Presented by: Dr. Jeanette Jacknin

**Location:** Maggiano's Little Italy

7875 Montgomery Rd. Cincinnati, OH 45236 Phone: 513.794.0670

Times: 5:00 – 6:00 pm Social Hour

6:00 - 7:30 pm Dinner and Talk

Registration Information		
Please Register by: 02/18/2013		
Members	\$40	
Non-members	\$55	
Students	Free	

\*\*\* Easy registration & payment at www.ovscc.org \*\*\*

Abstract: Vitamins, minerals, and other nutrients give the skin a more radiant, healthy and youthful glow as well as helping to prevent the damaging effects of ultraviolet radiation on the many biologic processes involving skin aging and cancer. But which supplements to take? The scientific studies behind the use of oral and topical supplements for the preventative and therapeutic health of the skin will be reviewed for mixed carotenoids, vitamins A, B,C, D, and E and the omega 3 oils. We will also take a look at which supplements have been documented in the medical literature to help in the healing of acne, eczema, psoriasis, rosacea, and hair and nail problems. This information is crucial to help with the challenge many companies are taking on: combining the strategic use of cosmeceuticals and nutraceuticals to help prevent skin aging and treat disorders of the skin.

# Ken's Korner

Some of you may be surprised to see "Ken's Korner" back in the newsletter as the OVSCC chapter Chair for 2013 was slated to be Susan Griffiths-Brophy. Due to some unexpected family commitments, Susan has asked to be relieved of her responsibilities as Chair and I volunteered to step in and serve in her place for the 2013 season. We wish Susan and her family well and look forward to her return.

In the meantime, The Once and Future Chair has returned for another year of what I hope will be a fun and educational experience for all of our members. Before I go any further, I'd like to take a moment to thank Joe Jendzio for the great work he did as the 2012 Chair and the great work he will continue to do as our Chair-Elect.

The heart of any successful organization starts with communication. Deb Hillebrand and Julie Moser did a fantastic job of keeping you informed about our chapter activities through the newsletter and website. Deb and her husband Greg have moved out of the area and are starting up a B&B up in Michigan, so we are excited to welcome Brandon Lane back to the helm of the OVSCC newsletter.

I've been working with the Board and some of our chapter volunteers to pull together a slate of speakers and programs that, hopefully, everyone will find enjoyable. We are always looking for ideas that our chapter members will find interesting and educational. If you know of a great speaker or a topic you'd like to see covered at one of our meetings, please contact any of the Board members. We are also looking for some new venues to check out for our meetings.

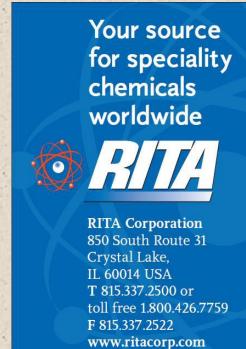
There have been a lot of changes taking place at the National level that will have an impact on some of the ways we do business as a chapter. Our National Bylaws have been updated to include these changes and as a result, the OVSCC Bylaws will need to be revised as well. We will also be looking to incorporate the chapter in order to create a legal entity that will serve to protect our chapter and it's Board.

Area II is hosting the Mid-Year Scientific meeting in St. Louis on June 6<sup>th</sup> and 7<sup>th</sup>. Our Area Directors, Kelly Dobos and Perry Romanowski, and the Area II Task Force are hard at work on the meeting logistics and

securing great venues for all of the events taking place. As this is likely the last Mid-Year meeting for the foreseeable future, I'd like to make sure Area II sends it out with a BANG! The Board is considering several options to facilitate the attendance of as many of our OVSCC members as possible. These include chartering a bus to help with transportation costs and potentially using chapter funds to subsidize the registration fees for those members who attend. More details will follow on this.

That's it for now. I hope to see you all at one or more of our chapter meetings this year.

Ken Kyte



# Please join us for the Area II Social Night

# for the 2013 Annual SCC St. Louis Chapter Scientific Seminar

Missouri Botanical Garden Spink Pavilion and Lily Pond 4344 Shaw Boulevard Saint Louis MO 63110

June 5, 2013 7 to 11 pm



## JOIN US FOR A COCKTAIL RECEPTION TO WELCOME YOU TO THE

# **SCC 2013 ANNUAL SCIENTIFIC SEMINAR**

### AT THE MISSOURI BOTANICAL GARDEN SPINK PAVILION

Date:

June 5, 2013

Time:

7:00 to 11:00 pm

Location:

Missouri Botanical Garden

4344 Shaw Boulevard

St. Louis MO 63110

**Transportation:** Two Shuttle Buses will be running simultaneously from the St. Louis Union Station Hotel (where the seminar will be held) directly to the Botanical Garden beginning at 6:30 and ending at 11:30.

\*Tickets \$80 on or before May 4, 2013

\$100 after May 4, 2013

(registration closes May 31)

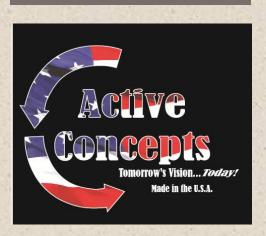
\*seating is limited and registration will close when it is filled





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# **2013 Henry Maso Award Announcement**

The first Henry Maso Award winner was Ms Theeraya Krisdaphong from Thailand, for her paper — "Antimicrobial activity of garcina mangostana extract for anti-acne". The IFSCC is pleased to announce the opening of the competition for the Henry Maso Award for Young Cosmetic Scientists 2013.

The Award is given at IFSCC Conferences to the best scientific paper given by an author, normally under the age of 40, who has submitted a full paper for consideration for the Award. The winner will be awarded a trip to the next IFSCC Congress with the cost of travel, accommodation and registration fees up to, but not exceeding, 6000 Swiss Francs, being paid by the IFSCC. The winner at the IFSCC Conference in Rio de Janeiro, Brazil in October 2013 will attend the IFSCC Congress in Paris in October 2014.

# The applicant must:

- be a member of an IFSCC affiliated Society
- normally be under the age of 40
- not have submitted a paper for the IFSCC Conference
- not enter the 2013 Maison G de Navarre Award

The applicant enters the competition by submitting a full scientific paper on cosmetic or cosmetic related disciplines, in line with the theme of the 2013 IFSCC Conference, to the IFSCC, and indicating that they wish to be considered for the Henry Maso Award. The winning paper will be presented at the Conference which the winner must attend at their own cost.

The paper must be submitted in English accompanied by the details requested on the official Entry Form which is available from your local Society. The paper and form should be sent electronically to the IFSCC Secretary General Lorna Weston at lorna.weston@ifscc.org by no later than 1 JUNE 2013.

Applicants must be members of good standing in their Society, which in turn must be current in its Federation subscription. Applicants must submit proof that they are actively employed in a technical capacity in the Cosmetic Industry or related Academia and that they meet the relevant requirements.

Please visit: <a href="http://www.ifscc.org/Awards/henry-maso-award-for-young-cosmetic-scientists">http://www.ifscc.org/Awards/henry-maso-award-for-young-cosmetic-scientists</a> for more information

# SAVE THE DATES

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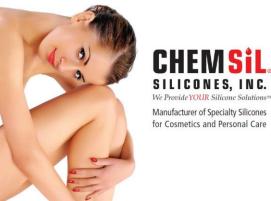
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# SCC **OHIO VALLEY** CHAPTER **IMPORTANT** DATES

**FEBRUARY CHAPTER MEETING** February 20, 2013

**APRIL CHAPTER MEETING April 17, 2013** 

## JUNE

**SCC Annual Summer Scientific Seminar** June 6-7, 2013 **Union Station Hotel** St. Louis, MO

# **SEPTEMBER**

**CHAPTER MEETING** September 18, 2013

October **Annual OVSCC Golf** Outing October 1, 2013

# November

**Chapter Meeting** November 20, 2013

# **DECEMBER**

**SCC Annual Scientific** Meeting & **Technology Showcase** December 12-13, 2013

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# MAISON G DE NAVARRE YOUNG SCIENTIST PRIZE 2013

THE IFSCC IS PLEASED TO ANNOUNCE THE OPENING OF THE COMPETITION FOR THE MAISON G
DE NAVARRE YOUNG SCIENTIST PRIZE. THIS PRIZE IS GRANTED EACH YEAR TO ENABLE A YOUNG
COSMETIC SCIENTIST TO ATTEND AN IFSCC CONFERENCE.

THE 2013 WINNER WILL BE INVITED TO ATTEND THE 2013 IFSCC CONFERENCE TO BE HELD IN RIO DE JANEIRO, BRAZIL IN OCT/NOV 2013 WITH THE COST OF TRAVEL, ACCOMMODATION AND REGISTRATION FEES UP TO, BUT NOT EXCEEDING, 6000 SWISS FRANCS, BEING PAID BY THE IFSCC. ANY MEMBER OF A MEMBER SOCIETY OF THE IFSCC, NORMALLY UNDER 35 YEARS OF AGE, MAY APPLY.

APPLICANTS SHOULD SUBMIT AN ESSAY OF BETWEEN 500 AND 3000 WORDS ON ONE OF THE FOLLOWING TOPICS:

- 1. THE IFSCC WHAT DOES THE FEDERATION MEAN TO YOU HOW CAN IT BE IMPROVED?
- 2. HOW DOES YOUR LOCAL COSMETIC SOCIETY HELP AND SUPPORT YOU IN YOUR CAREER?
- 3. HOW CAN COSMETIC SCIENCE TECHNOLOGY SAVE THE WORLD?
- 4. GREEN COSMETIC PRODUCTS HOW CAN WE ENSURE THEY ARE REALLY ECO-FRIENDLY?

THE APPLICANT ENTERS THE COMPETITION BY SENDING ELECTRONICALLY A COPY OF THE ESSAY TO THE IFSCC SECRETARIAT - IFSCC.SCS@BTCONNECT.COM - WITH THE INFORMATION REQUESTED ON THE ENTRY FORM, (COPIES OF WHICH ARE AVAILABLE FROM THE LOCAL SOCIETIES) BY 1 JUNE 2013. THE ESSAY MUST BE SUBMITTED IN ENGLISH ACCOMPANIED BY THE DETAILS REQUESTED ON THE OFFICIAL ENTRY FORM WHICH IS AVAILABLE FROM YOUR LOCAL SOCIETY. A COPY OF THE ESSAY MUST ALSO BE SENT TO THE OFFICE OF THE MEMBER SOCIETY TO WHICH THE APPLICANT BELONGS.

APPLICANTS MUST BE MEMBERS OF GOOD STANDING IN THEIR SOCIETY, WHICH IN TURN MUST BE CURRENT IN ITS FEDERATION SUBSCRIPTION. APPLICANTS MUST SUBMIT PROOF THAT THEY ARE ACTIVELY EMPLOYED IN A TECHNICAL CAPACITY IN THE COSMETIC INDUSTRY OR RELATED ACADEMIA AND THAT THEY MEET THE RELEVANT REQUIREMENTS.

THE AWARD WINNER MUST ATTEND THE CONFERENCE AND ACCEPT THE PRIZE IN PERSON. ALL ELIGIBLE CANDIDATES ARE URGED TO APPLY.



# SOCIETY OF COSMETIC CHEMISTS

### CALL FOR PAPERS – PODIUM PRESENTATIONS ONLY\*

# ANNUAL SCIENTIFIC MEETING & TECHNOLOGY SHOWCASE DECEMBER 12~13, 2013 NEW YORK HILTON HOTEL, NEW YORK CITY

Authors are invited to submit titles and abstracts of no more than 150 words for original papers to be presented in podium format. All topics related to cosmetic science will be considered for presentation. Topics of particular interest for submission of abstracts are:

- Recent Advances in Processing & Scale Up Technology
- Nanotechnology: Ongoing Controversies
- Evolving Regulatory Issues for Cosmetics
- Beauty How to Achieve, Create and Accomplish it
- New Technologies for Claims Support/Measurements
- Anti-Aging: Formulating for Perceivable Benefits

# SUBMISSION DEADLINE: MAY 1, 2013

NEW for 2013: All abstracts must be entered online at our website www.scconline.org.

After acceptance of abstracts by the Committee, all presenters will be required to submit preprints 12 weeks prior to presentation (minimum of 600 words, maximum of 2 pages, including figures). All presenters will be eligible for the Shaw Mudge Award sponsored by BASF Corporation, which is given for the Best Paper presented at the Society's Annual Meeting. The honorarium for this award is \$2,500. Presenters are required to register for the Meeting.

\* The Call for Participation for Abstracts for the 2013 Technology Showcase (Poster Session) will start in July 2013 with a September 15<sup>th</sup> deadline.







Please scan QR code above for direct link to submit your abstract.



# HOW TO PREVENT COSMETIC CHEMIST CAREER BOREDOM

by Perry Romanowski

http://chemistscorner.com/how-to-prevent-cosmetic-chemist-career-boredom/

I worked as a \*formulator for 17 years at a medium sized cosmetic company. We were primarily a hair care company so I spent most of my time creating new shampoos and conditioners. I did have the opportunity to occasionally make styling products and skin lotions but this was not my focus.

Well, the reality was that most of my projects involved taking an existing formula, making minor tweaks to the color, fragrance or other claims ingredients and making sure it remained stable. After a while, it got pretty easy...and dull.

Sure, many projects were more interesting than this but the reality for cosmetic chemists (especially at big companies) is that most of your time will be spent making incremental improvements to things that already exist. So eventually, you might start to get bored.



Here are 10 things you can do to combat career boredom.

- **1. Experiment with new raw materials** Raw material suppliers are always coming out with new things and unless you try them in your formulations, you'll have no idea how they work. In truth, most of the new raw materials won't do anything new. But you've got to keep looking. Create a baseline formula and then whenever you get a new raw material, try it in that formula. This is also a great way for you to learn about raw materials that you may not have used.
- **2. Make your own formulas** If you want to be a proper formulator, than you have to be able to formulate everything. When I was at the shampoo company there really were no projects for making products that the company didn't market. For example, color cosmetics, antiperspirant, toothpaste, soap, lipsticks, etc were all things that I never had a formal project to make. But how can you call yourself a formulator if you can only make a limited number of formulations? Go through this list of <u>free cosmetic formulas</u> and start making things that you would never have to make. Make products that you want to use. Tweak them so you understand how things affect the final formulas.

To be a formulator, you have to be able to make all types of formulas

- **3.** Try to solve problems without formulations If your formulating job is getting dull, try creating solutions to cosmetic problems without making a formula. Can you create a better absorbent towel to speed up hair drying? Can you create an app that might solve some cosmetic problem? As a cosmetic chemist you are an inventor. Formulating is simply one type of invention. Spend some time coming up with other types of inventions.
- **4. Make a plan to get promoted** When you're at a job for any length of time and you know you're a good worker, you'll get the urge to get a promotion. Often this means more money, more decision making power and sometimes even more influence on your peers. But just because you are the best formulator doesn't mean you will get promoted. You need to figure out how to get promoted. Create a plan, a timetable to achieve it, and start doing the things you need to do. Often, this means sucking up to people who have the power to promote you. And if your company isn't willing to promote you, don't be afraid to look at other companies. Remember...

No matter who signs your paycheck you are always working for yourself.

- 5. Write Another excellent thing for your career is to start writing. Industry magazines are hungry for content from new authors and so are the various SCC newsletters. And you don't even need a publisher to start writing. Create a blog, then just start doing it. Of course, you have to be careful. Some companies will frown on your extracurricular activities. They might become particularly concerned that you'll give away a company secret or something. If you are in this boat, you might want to do your writing anonymously. It is less satisfying and not as helpful for your career but it is still a great way to get your message out.
- 6. Teach a class Teaching a class about cosmetic science is also a great way to keep yourself inspired in your career. The SCC produces a number of one-day classes and they are frequently looking for fresh new faces to be instructors. If you've built up an expertise in one area, then you might be able to teach a class. However, your company might frown on this activity too so make sure you get your boss's permission.
- 7. Go back to school There's nothing like taking classes to keep your mind fresh and your career interesting. Look through this list of cosmetic programs around the world and consider getting involved in one. An additional bonus is that you can often get your company to pay for the costs of training you.
- 8. Learn about the business Here on Chemists Corner we like to encourage entrepreneurs. As a trained scientist you probably didn't get much chance to learn about business and making money. Do this! It will be good for your career and could eventually lead to you starting your own company. I've always believed that the smartest people should be the ones who start companies and as a scientist, you qualify. If you're curious, see our free ebook start a cosmetic line.
- 9. Get involved with your trade organization When your job has become less than satisfying, getting involved with a trade organization like the SCC is an excellent opportunity to infuse some excitement back into your career. They are always looking for volunteers so it will be easy to get involved. This is a great way to gain experience in management and getting things done. Also, you can't beat the power of networking for helping you solve problems and advance your career.
- 10. Remain curious Finally, if you are bored then you are not being curious enough. Start asking questions about things you do not know about and find answers. Keep a list of these questions and find answers. You are a scientist and although formulating is your career focus there are still lots of scientific problems that don't have answers. I love to keep up on the latest in physics, space, biology, mathematics, and more. Think of the big problems in the world and brainstorm ideas on how you might solve them.





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The Ohio Valley Chapter Newsletter is published in February, April, September and November prior to each chapter meeting. Questions concerning the newsletter content should be directed to the Newsletter Editor. For information on paid advertising please contact our Business Manager.

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